



Be About Bliss is a movement for love. It's about reaching out beyond yourself and finding something you can do to help the people around you.

Be About Bliss is a nonprofit organization that wants to give back to schools in need and their families. They have donated significant amounts of food so kids don't have to worry when their next meal will be.

This year their goal is to provide a winter break food kit for every student at Boston P-8. "Our hope is that the children will be able to be kids during the holiday break and not be bogged down with stress over their next meal."

NJHS is running the 2018 Christmas fundraiser while Be About Bliss is sponsoring it. Please donate food items from the list below from your child's grade. The food items that each grade receives will be given to the corresponding grade at Boston P-8. Please have all items by **November 20**.

Kindergarten- Box of Cereal Bars (Nutra-Grain-any flavor)

1st- Dried lentil beans or pinto beans

2nd- Box of granola bars

3rd- Box of cereal

4th- Cup o' noodles

5th- Box of premade mac n' cheese (no need for milk or butter)

6th- Box of jello

7th- Canned ravioli

8th- Fruit cup or can

To learn more about Be About Bliss go to www.beaboutbliss.com